

Abstract of the Disclosure

Graphical user interfaces may be utilized to enable mouse selection of message segments to assemble an overall message with a limited keyboard. In one embodiment, the user may select from among a plurality of user specified options for each of a plurality of message segments corresponding to message subjects, objects and verbs. The actual assembly of the message from the user's selections may be done locally or remotely.

Variable	Mean	SD	Min	Max	Median	Q1	Q3	Mode	Skewness	Kurtosis	Shapiro-Wilk	Normality
Age	35.2	12.5	18	65	32	25	40	30	0.15	2.10	0.98	Normal
Gender	1.2	0.4	1	2	1	1	1	1	0.05	0.10	0.95	Normal
Education	12.5	2.5	9	16	12	11	13	12	0.20	1.80	0.92	Normal
Income	1500	500	500	3000	1200	800	1800	1000	0.30	2.50	0.88	Normal
Marital Status	1.5	0.5	1	2	1	1	1	1	0.05	0.10	0.95	Normal
Occupation	2.5	1.5	1	5	2	1	3	2	0.10	1.50	0.96	Normal
Health Status	1.8	0.8	1	3	1	1	2	1	0.05	0.10	0.95	Normal
Stress Level	3.5	1.5	1	5	3	2	4	3	0.10	1.50	0.96	Normal
Life Satisfaction	4.2	1.2	1	5	4	3	5	4	0.05	0.10	0.95	Normal
Resilience	3.8	1.0	1	5	3	2	4	3	0.10	1.50	0.96	Normal
Optimism	4.0	1.0	1	5	4	3	5	4	0.05	0.10	0.95	Normal
Gratitude	4.5	1.0	1	5	4	3	5	4	0.05	0.10	0.95	Normal
Self-Esteem	3.5	1.0	1	5	3	2	4	3	0.10	1.50	0.96	Normal
Emotional Stability	3.0	1.0	1	5	3	2	4	3	0.10	1.50	0.96	Normal
Life Satisfaction	4.2	1.2	1	5	4	3	5	4	0.05	0.10	0.95	Normal
Resilience	3.8	1.0	1	5	3	2	4	3	0.10	1.50	0.96	Normal
Optimism	4.0	1.0	1	5	4	3	5	4	0.05	0.10	0.95	Normal
Gratitude	4.5	1.0	1	5	4	3	5	4	0.05	0.10	0.95	Normal
Self-Esteem	3.5	1.0	1	5	3	2	4	3	0.10	1.50	0.96	Normal
Emotional Stability	3.0	1.0	1	5	3	2	4	3	0.10	1.50	0.96	Normal